2017/18
PROSPECTUS

Professional Hypnotherapy Course

8 Home Study Modules | Practical Tuition Options | Diploma in Hypnotherapy
A warm welcome to the latest edition of our Professional Hypnotherapy Course prospectus. The aim of this publication is to provide prospective students with a comprehensive guide to the course, and the information you need to take your studies further, whether you are pursuing a new career or broadening your existing hypnotherapy skills.

This prospectus covers the distance-learning course, which can be studied at your own pace. You can learn hypnotherapy in your own home, in your own time, while benefiting from as much practical training as you decide is right for you.

Setting up your own hypnotherapy practice can also be financially rewarding. You can work when you like, and set fees that suits you. You can qualify in a few months and enjoy a career for life as a hypnotherapist.

I hope that you find this prospectus informative and helpful. If you have any further questions, please call our support team on 0800 678 5617 or email us at support@hypnoticworld.com for advice.

FAITH WAUDE MHA MPHADHP ACC.HYP
Course Principal
What is hypnotherapy?

Hypnosis is a state of altered awareness during which our subconscious mind is more open and receptive to suggestions that are given. We drift in and out of different levels of awareness many times each day, absorbing information on a subliminal level as well as a conscious one. A hypnotherapist will work with a client’s imagination to help them to achieve their goals, such as overcoming habits and phobias, or losing weight.

Can anyone be hypnotized?

All hypnosis is in essence, self-hypnosis, and few people are incapable of being hypnotized. Therefore, most people can benefit in some way from hypnosis provided they are guided by an experienced individual who understands the way in which the subconscious mind functions. A thorough understanding of the developing mind and therapeutic approaches is essential for hypnotherapists, as dealing with personal problems is an great responsibility.

Training with Hypnotic World

The Professional Hypnotherapy Course provides every student with comprehensive knowledge and professional training. If you decide to become a hypnotherapist, you will undoubtedly find it an interesting and rewarding career.

You will meet all kinds of people from all walks of life and no two cases will be exactly the same. You may be invited to appear on radio, TV or to write articles for magazines or newspapers.

A HISTORY OF HYPNOSIS

The use of hypnosis for healing purposes can be traced back thousands of years. More than 4,000 years ago, ancient Egyptians attended the temple of Imhotep, where they would engage in healing rituals involving a trance-like state.

German physician Franz Mesmer (1734-1815) suggested that humans are affected by ‘magnetic tides’ in a similar way to the forces which affects planets. Mesmer used magnets with Francisca Osterlin, a patient suffering from hysteria. He claimed that his newfound techniques had helped the patient. However, it is believed that it was in fact Mesmer’s use of hypnotic suggestions which had brought about changes in his patient. Today, the term mesmerism is synonymous with hypnosis.

In 1845, surgeon James Esdaile travelled to India and gained respect for his successful use of hypnosis. He reduced mortality rates in surgery from around 50 percent to just 8 percent, and his patients recovered more quickly and easily than the average surgical cases of his day. By 1847, James Braid discovered that all the major phenomena of hypnotism, such as catalepsy, anaesthesia and amnesia, could be induced without sleep. Realizing that his choice of the term hypnosis had been a mistake, he tried to rename it monoideism; but it was too late: hypnosis and hypnotism had already gained widespread use.

Today, hypnotherapy is used in many diverse areas including conventional medicine, counselling, dentistry, psychology, sports psychology, personal development and in business.

INTRODUCING HYPNOTHERAPY

Popular portrayals of hypnosis, as well as stage hypnosis as a form of entertainment, may lead you to imagine swinging watches, spinning spirals and on-stage antics when you think of hypnosis. But the therapeutic application of hypnosis - hypnotherapy - is considerably different from these preconceptions.

Questions? Call us on 0800 678 5617

www.hypnoticworld.com/course
The Professional Hypnotherapy Course will enable you to help clients to overcome, or to provide relaxation techniques for, a range of issues including:

- Abuse
- Addictions
- Agoraphobia
- ADHD
- Alcoholism
- Amnesia
- Anger Management
- Anorexia
- Anxiety
- Arthritis
- Asthma
- Back Pain
- Bed Wetting (Enuresis)
- Blushing
- Boosting Confidence
- Bruxism
- Bulimia
- Child Abuse
- Delinquency
- Dental Problems
- Depression
- Drug Abuse
- Eating Disorders
- Ego Strengthening
- Exam Nerves
- Family Problems
- Frigidity
- Gagging
- Gambling
- Guilt
- Headaches and Migraines
- Hysterical Symptoms
- Impotence
- Infertility
- Insecurity
- Irritable Bowel Syndrome
- Irrational Fears
- Insomnia
- Low or High Blood Pressure
- M.E.
- Motivation Problems
- Nail biting
- Natural Childbirth
- Nervousness
- Obsessive Compulsive Disorders
- Pain Relaxation
- Panic Attacks
- Performance Anxiety
- Phantom Limb Pain
- Phobias
- PMT
- Post Traumatic Stress
- Psychosomatic Sterility
- Relationship Problems
- Sexual Problems
- Self Esteem
- Shyness
- Slimming
- Smoking (Stopping)
- Social Phobia
- Sports Improvement
- Stammering
- Stress
- Terminal Illness
- Thumb Sucking
- Timidity
- Tinnitus
- Trauma
- Weight Control
- Worrying

I have enjoyed the course immensely, each module was clear, concise and written in an easy to understand format.

Genevieve Du Bois, Student

Course Modules

The Professional Hypnotherapy Course consists of 8 home study modules and optional practical training.

Each distance-learning module contains an in-depth, easy-to-understand printed book covering specific areas of study. Selected modules are accompanied by helpful CDs and additional supplementary study resources.

You can work through each module in your own time and at your own pace.

After completing each course section, you will be asked to complete and return an end-of-module test, which will enable your personal tutor to ensure that you are on-track and to provide you with helpful feedback before you proceed to the next module.

FLEXIBLE PRACTICAL TRAINING

We encourage students to take practical tuition as part of their hypnotherapy training. Whilst we recommend practical training as a means of gaining valuable in-person experience of the therapeutic techniques covered in the modules, this is an optional component of the course. As a student, you can have as much practical training as you need, in either (or a combination) of:

- Training Workshops
  Join us at Hypnotic World’s regular workshops around the UK. Meet fellow students, learn from demonstrations and practise the techniques that you have learned with fellow attendees.

- One-to-One Training
  Book a one-to-one training session at your convenience with a Hypnotic World-approved practical trainer at one of 11+ UK locations.
This module guides you through three sessions of analysis and shows how to recognize and deal with transference, resistance and abreactions.

We look at the formulation of suggestions, as well as the language and tonal modality commonly used in hypnosis.

Module Two includes example inductions, both direct and permissive, and a section on brain wave patterns.

We also look at methods of interpreting dreams in order to monitor progress where there is unconscious conflict.

Module Three explores the issues behind obesity and ways of helping clients to gain control of their weight.

Other problems highlighted include: lack of confidence and the effects of child abuse; the use of Inner Child Techniques to help in these areas. We also examine Jung’s psychological types and the process of Parts Therapy to integrate conflicting aspects of the personality.

Module Three also includes 2 CDs containing 8 inspirational hypnotic recordings, enabling you to experience hypnosis for yourself.

Module Four explores relaxation techniques for pain and the application of hypnotherapy for coping with various disorders.

These include arthritis, drug addiction, anxiety, obsessive-compulsive disorder (OCD), phobias, IBS, depression, preparing for childbirth, stuttering and more.

Module Five covers regression, progression, the subject of false memory syndrome, memory, concentration, sports improvement and stress management techniques.

These are a few diverse areas that you may decide to specialize in.

We also look at Deep Trance Identification and Dr Shapiro’s unique process of EMDR for Post-Traumatic Stress Disorder.
COURSE SYLLABUS
(CONTINUED)

This prospectus contains a summary of the range of topics covered in each module. For an complete list of topics covered in each section of the course, please refer to: www.hypnoticworld.com/hypnotherapy-training/syllabus

MODULE SEVEN

Module Seven examines anger management, forensic hypnosis, dentistry, ophthalmology, and the legal requirements for a therapist.

You will find instructions on self-hypnosis, and also look at the ethical considerations and the legal side of hypnosis.

Once you reach this stage you may also begin to attend practical training offered with the course.

MODULE SIX

This module explores a range of different induction techniques, including some excellent ideas for therapeutic use with both adults and children. We consider amnesia, fractionalization and catalepsy, and explore problems likely to arise with children, such as hair pulling, nail biting and thumb sucking.

Once reached this stage you may also begin to attend practical training offered with the course.

MODULE EIGHT

In the final part of your course, we look at autogenic programming, quick phobia release techniques and more ethical issues regarding the use of hypnotherapy.

In Module Eight, you will also find a wealth of resources to help you to launch your hypnotherapy career. You will receive forms, sample letters to send to your GP requesting referrals, an example press-release letter and a guide to marketing your hypnotherapy practice.

Module Eight also includes a Book of 70 Hypnotherapy Scripts.

PRACTICAL TRAINING OPTIONS

Practical training enables you to apply the techniques that you have learnt in the course modules, as well as to receive guidance and advice from experienced hypnotherapists.

We recommend that students completing Module Four of the course participate in practical training. You can enrol in as much practical training as you need, by attending our training workshops, booking one-to-one training sessions with our approved practical trainers around the UK, or through a combination of the two options.

Whilst we suggest that students take advantage of the benefits that practical training offers, this is an optional component of the course, as the correspondence-based modules cover the key aspects of your hypnotherapy training.

WORKSHOPS

We regularly host training workshops around the UK, providing you with the opportunity to put your knowledge into practice, to keep up to date with new developments in the field of hypnosis and to meet other course students.

At our training workshops, you will practice inducing hypnosis and experimenting with different techniques until you find those that suit you, and you will receive invaluable feedback afterwards.

ONE-TO-ONE TRAINING

Students may also arrange practical training with one of our approved practical trainers at one of 11+ UK locations. This enables students to benefit from practical tuition on the dates that are convenient for them, and to practise their skills on a one-to-one basis or in a small group of students.
MEET OUR HYPNOTHERAPY TRAINERS

**MEIRA SHORE DHP ACC. HYP, MSNLP**
LONDON (KENSAL GREEN & Highbury)
Meira is an experienced hypnotherapist and NLP master practitioner, providing a caring, empathetic, relaxing, compassionate and confidential approach in helping clients to relieve stress, anxiety, panic, phobias, habits and addictions. She works from Graceland’s Yard in London NW10 and at the Healthy Living Centre, London N1.

**JOHN SELLARS DIP.HYP, FSSCH**
**EDINBURGH & GLASGOW**
John has over 25 years’ experience as a hypnotherapist - he is based in Milngavie, Scotland, and is also available for consultations in Sheffield.
John presents many of Hypnotic World’s practical training workshops in Glasgow and Sheffield.

**FAITH WAUDE DHP ACC. HYP**
**DONCASTER, SOUTH YORKSHIRE**
Faith is a co-founder of the Hypnotic World International Academy of Hypnotherapy (HWIAH) with over 15 years of experience in the field of hypnotherapy. She has been instrumental in teaching mental health care professionals in these areas and is primarily involved in designing the Professional Hypnotherapy Diploma Programme.

**LAWRENCE PAGETT BA HONS DHP ACC. HYP, RSAPREP**
**KIDDERMINSTER, WORCESTERSHIRE**
Lawrence Pagett has been fascinated by the intriguing art of hypnosis from the age of 8, when he started to practise and experiment with many forms of mind/body disciplines. Professionally, Lawrence comes from an educational background with many years of experience. He has helped, guided and instructed countless people from around the world.

**PAUL STOCKMAN DHP**
**LAUNCESTON, NORTH CORNWALL**
Paul runs a busy hypnotherapy practice in North Cornwall, working mainly on recommendations. He has completed courses in hypnotherapy, NLP and Conversational Hypnosis, and specialises in anxiety and related conditions. Paul has developed his own techniques to help clients, which involve regression when required, and a mixture of NLP, traditional hypnotherapy, reframe work and Ericksonian-style training cycles.

**EILEEN WELLINGS GHR(REG), MASC, (INLPIAID P.THI), DIP.HYP**
**LEATHERHEAD, SURREY**
Eileen trained as a hypnotherapist over 15 years ago and has worked with a wide variety of clients. She has seen clients with issues as diverse as phobias, weight management problems, addictions, anxiety and stress. Eileen has also trained in hypnosis for birthing and hypotension, and holds counselling qualifications.

**LYTA HUMPHRIS DHC MAPT**
**MICHIGAN**
**PLYMOUTH, DEVON**
Lyta has over 10 years’ experience as a hypnotherapist and specializes in anxiety disorders. She runs a programme for stopping smoking and a busy practice in Devon. Lyta trained with UK College of Complementary Health Care, St. Charles Hospital, London, and offers practical tuition to students around that region.

**TRACY BAUM**
**ST ALBANS, HERTFORDSHIRE**
Tracey set up her own clinic in 2011 offering a range of services from weight loss management, fears and phobias, stopping smoking through to stress and anxiety management, specializing in stress and anxiety issues. Tracey works with local mental health organisations and companies in providing wellness programmes and workshops.

**ANGELA HARDY C.H.DHYP GQHP**
**MILFORD HAVEN, PEMBROKESHIRE**
Since training as a hypnotherapist in 2007, Angela’s experience has involved dealing with a variety of clients. She helps clients to relieve stress, panic attacks, phobias, addictions (smoking and over-eating) and much more. Angela incorporates EFT with her sessions. She is also a Reiki Master/Teacher.

If you are unable to travel to the practical trainers listed, please contact us, as we can often arrange training with a therapist near to students.

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**TRACY SAVAGE**
Course Student

"I was also fortunate enough to be able to attend one of the workshops which I found to be an invaluable experience and would recommend to anyone, not only because it was friendly, inspiring and insightful but because it really brought together in a very real sense all that I had learnt in theory."

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**MORE PRACTICAL TRAINERS**

Our hypnotherapy trainers can provide local, one-to-one training sessions on dates that fit your schedule:
ASSESSMENT AND QUALIFICATION

Learn about our assessment methods, the final examination, the Diploma in Hypnotherapy awarded to successful students and recognition of the Professional Hypnotherapy Course by other associations and organizations.

FINALE ASSESSMENT

Accompanying Module Eight is a written examination that can be completed and returned in your own time. You will also be asked to submit a hypnotic recording of your own making. The examination is optional. However, students who have not completed the examination will receive only the Certificate of Completion. Should you need to re-take the exam, we provide this option at no extra charge. Remember, individual help and advice are available to guide you through the course.

QUALIFICATION

The Diploma of Hypnotherapy is issued to successful students on completion of the examination. There is no charge for the examination. Whilst there is limited legislation governing the practice of hypnotherapy, your clients will expect to see evidence that you have trained and qualified in this field and the Diploma will give you confidence in your own ability, knowing that you have learned all that you need to know to practice your skills effectively. All schools, boards and colleges of hypnotherapy are equal and no single organization has any credence over another.

On completion of the examination you will be fully entitled to use the designatory letters DHP after your name – (Diploma in Hypnotherapy). If for any reason a student does not meet the requirements of the examination they will receive constructive feedback and guidance to enable them to succeed in the future. Successful students will be recommended for membership to a selection of hypnotherapy associations.

This was a dream come true. As a Yoga Therapist and Naturopathic Nutritionist I had a missing part in my healing work, and Hypnotherapy was it.

I am so pleased to have done this course which was rich in content and I learnt so very much on this training. It was convenient too as I work many weekends and have children so this was something I was able to do in my own time. Thank you so very much Hypnotic World and Faith as a very knowledgeable tutor!

SARAH SWINDLEHURST

Course Student

COURSE RECOGNITION

The Professional Hypnotherapy Course is accredited by Accredited Counsellors, Coaches, Psychotherapists and Hypnotherapists (ACCPH) and allows you to join as a professional member after graduation.

The course is also accredited by the Guild for Stress Management and Trauma Specialists.

QUALITY CHECKED TRAINING

The Professional Hypnotherapy Course has been externally quality checked by the National Hypnotherapy Society (HS), whose register is accredited by the Professional Standards Authority. Students who have completed the Professional Hypnotherapy Course are eligible to apply for associate membership of the National Hypnotherapy Society.

Questions? Call us on 0800 678 5617

www.hypnoticworld.com/course
DEDICATED
PERSONAL TUTOR
Course students are assigned a personal tutor who can provide support whenever you require it by email, telephone or post. Your experienced tutor will be experienced in hypnotherapy and can help with any questions that you may have regarding your training, including queries regarding the subjects covered in the course.

PEER SUPPORT
Many people are keen to reach out to other students taking the course, and we are confident that you will feel a welcome member of our vibrant student community. The online Students’ Area provides users with an online forum, where students discuss various aspects of the course. We also offer a Study Buddy service which enables you to find and message participating students in your region, as well as those studying the same module as you are.

PERSONAL TUTOR
AND STUDENT SUPPORT
We pride ourselves on providing students with world-class support whilst studying the course and after they have completed their hypnotherapy training.

ONGOING SUPPORT
We realise that, even though the course is comprehensive and will teach you all you need to know to practice hypnotherapy successfully, there may still be times when you need extra advice and support after setting up your practice.

Our student support line provides ongoing support, and you will be given personal assistance with your enquiry, free of charge, for two years after qualifying.

POST-QUALIFICATION:
PRACTISING HYPNOTHERAPY

Once qualified, you can set up your own private hypnotherapy practice from home or an office. A section of the course covers all that you need to know in order to achieve this.

Setting up your own practice enables you to work the hours that you prefer, and to see clients at a time that is convenient for you.

You can set your own fees (currently therapists charge between £60 and £200 per session, depending upon the area in which they choose to work).

MEMBERSHIPS AND PROFESSIONAL AFFILIATIONS
We can recommend several professional associations, any of which you can choose to join.

PHPA Membership
Students successfully completing the course receive 2 years’ free membership to the Professional Hypnotherapy Practitioner Association (PHPA).

Membership provides students with additional benefits, including free advertising of their hypnotherapy practice.

National Hypnotherapy Society
Upon completion of hypnotherapy training, students may also apply for associate membership of the National Hypnotherapy Society.

PROFESSIONAL INDEMNITY INSURANCE
Upon completion of the Professional Hypnotherapy Diploma Course, it is essential that practitioners obtain professional indemnity insurance. Students’ 2 years of free membership to the Professional Hypnotherapy Practitioner Association (PHPA) provides the required certification to apply for professional indemnity insurance. The average cost of this insurance is approximately £70/year, and PHPA members can often apply for discounted cover.
COURSE FEES
AND ENROLMENT
We believe that everyone should be able to learn and benefit from hypnotherapy. Hypnotic World offers flexible, affordable pricing through a Pay-As-You-Learn option.

We are confident that no other course offers such individual support and advice throughout the course and at any time after enrolment (free of charge). You will be advised on hypnotherapy journals, legal requirements and you will receive a marketing guide, Setting Up Your Own Successful Hypnotherapy Practice.

OPTION 1: PAY-AS-YOU-LEARN
Modules 1 to 8 of the Professional Hypnotherapy Course are priced at £70.00 each. Using our Pay-As-You-Learn option, students may enrol on Module One and then order further modules as they progress through the course. The total module price via this option is £70.00 x 8 = £560.00.

OPTION 2: ONE TIME PAYMENT
Alternatively, the complete set of 8 course modules may be ordered when you enrol at £504.00—a saving of 10% (£56.00) compared to purchasing modules individually.

PRACTICAL TRAINING
Practical training is an optional component of the course, and pricing depends on the type and amount of training that you choose to undertake. Recent day workshops have cost £90.00, whilst one-to-one practical tuition pricing depends on which therapist you train with. You will find details of our practical trainers on pages 12-13.

INVESTING IN YOUR FUTURE
Training in hypnotherapy is an investment in your future. You will have provided yourself with another means of income for the rest of your life, as the cost of the course can be covered within your first few months of practice. There is no upper age limit for hypnotherapists and many people continue in this profession for as long as they desire.

YOUR SATISFACTION GUARANTEED
If, for any reason, you are not completely happy with the course content after receiving each module, we will refund your course fee in full, provided the material is returned intact, within two weeks of receiving it.

WHAT STUDENTS ARE SAYING

SAMANTHA PRATT
The course was great for me, being able to buy one module at a time kept me focused and able to spend the time needed on each one before heading onto the next challenge. Great to get feedback all the way through I found this very valuable. This course has added to my knowledge and I’m thoroughly enjoying putting it all into practice.

PREM THAKKAR
My journey with Hypnotic World has been nothing less than magical. Since the very first time I spoke to Faith I knew this is the right organisation for me to complete my diploma. Nothing compares to the help and support I have received. The end of module tests were marked super fast so that I could proceed to studying the next module without delay.

FREDERICK CORBETT
Would like to thank you again. I would like to say that I found the course interesting, and certainly full of information on topics covered. I also liked the idea of the feedback which was of great help. Would certainly recommend to anyone.

VICKI SCURR
My journey with Hypnotic World has been truly enlightening. The course has fulfilled all my expectations and completed the missing part of my Psychology therapy work. The learning has been truly inspiring and enjoyable, and the support is always there when you need it. I have learnt so much from working through the coursework, using both the workbooks provided and external reading material.

MARK RObothAM
The help and support online was extremely easy to access and follow. I would definitely recommend this course to anyone that is considering a profession in this field. I don’t think any age is a barrier to starting something new. I am now in the process of setting up my own Practice and look forward to an exciting career in hypnotherapy alongside my current profession.

LYNDA EDMONDSOn
Faith was immensely supportive and always quick to respond to any queries that I had, both during and after completion of the course. I am now working with clients with varying issues from stopping smoking, trust issues, emotional past issues to weight loss and loving every minute of it. The satisfaction of being able to aid someone to overcome their issues is an amazing feeling.
Below you will find answers to frequently asked questions about the Professional Hypnotherapy Course.

Have a question that isn’t answered here? Please email our support team at support@hypnoticworld.com or call us on 0800 678 5617.

**WHAT QUALIFICATIONS DO I NEED TO TRAIN IN HYPNOTHERAPY?**
No formal qualifications are required to begin training as a hypnotherapist; for some people the aim is to help friends or family or just to satisfy their own curiosity - others go on to make a successful and rewarding career out of hypnotherapy. All you really need is a genuine interest and a desire to succeed.

**WHAT IF I DON’T UNDERSTAND ANY PART OF THE COURSE?**
Students are assigned a personal tutor, who you can contact by email, telephone or post at any time for help with your studies. With your first lesson you will also receive a Glossary of Hypnotic Terms for you to refer to should you feel the need.

**HOW CAN I MEET OTHER HYPNOTHERAPISTS?**
Many students enjoy entering into discussions, debates and personal chat about hypnosis and hypnotherapy on www.hypnoticworld.com and other similar interest sites. We offer a lively forum dedicated to course discussions in the online Students’ Area and will also endeavour to put you in touch with other therapists in your area and hold workshops and meetings regularly.

**I CAN’T AFFORD THE FEES AT THE MOMENT, IS THERE A LESS EXPENSIVE WAY OF PAYING?**
The complete eight-part training program may be purchased as a home study “Pay-As-You-Learn Course”. Students simply pay as they study, only ordering each module of the course as and when they are ready to progress to the next module level. This means that the course is open to, and within the availability of, anyone, regardless of their financial status, and may be achieved by our option to allow students to spread the cost of the training over a convenient period of time.

**I AM INTERESTED IN TAKING THE COURSE BUT WILL I LEARN HYPNOTYSIS BY THE END OF TRAINING?**
The course is very comprehensive and teaches you everything you need to know to become a proficient hypnotherapist. Previous course students have gone on to establish their own successful practice, and we are very committed to providing quality training materials and ongoing support.

Students can attend our workshops as many times as they wish, or feel necessary, and in the unlikely event that, at the end of 8 lessons, you did not feel sufficiently competent to hypnotize someone, you would receive personal coaching from your assigned tutor until you felt ready to commence. Each course module comes with a money back guarantee if returned in its original condition within 30 days.

**WILL THE COURSE ENABLE ME TO START MY OWN HYPNOTHERAPY PRACTICE?**
Yes - most students who successfully complete the course proceed to setup their own private hypnotherapy practice, holding client consultations at home or elsewhere. We provide details of insurance providers who can offer professional indemnity insurance. Your personal tutor will also be able to offer support and guidance throughout the course and as you begin your career in hypnotherapy.

**HOW DOES THE HYPNOTHERAPY TRAINING TAKE PLACE?**
A large proportion of the course is written material with question papers to keep track of your progress and make sure that you fully understand the content. The course includes 8 text manuals, 4 audio CDs containing inductions/therapies/relaxation music and conversation, including a special “Confidence for Hypnotherapists” recording to get you started. You will also be offered the chance to receive additional individual training with our one-to-one trainers and/or small group tuition at our workshops. If you are not able to travel, then you may, if you wish, submit video recording(s) for assessment but this is not compulsory.

**WHEN DOES THE COURSE BEGIN?**
Because the course is largely distance learning based, you may begin the course at any time you wish and study it at your own pace.

**HOW LONG DOES IT TAKE TO COMPLETE THE COURSE?**
This depends on individual students and the time that they have to work through the modules. Students have completed the course in 3 months, while others will work through the course over a longer period. On average, students work at a pace of one module every 5 weeks, completing all 8 modules in approximately 9 months.

**PLACE?**
The workshops are ongoing and varied in content, and take place after module four or five, but this is flexible. Practical training (workshops and one-to-one training) is an optional component of the course and normally take place after module four or five, but this is flexible. The workshops are ongoing and varied in content, and you are welcome to attend as many as you wish.

Where possible, the gatherings are kept fairly small (around 12 - 20 people) as it is more personal and gives people a chance to get to know each other. Students gain sufficient knowledge to be well equipped to offer hypnotherapy to the public after completion of the course (but if for any reason any student did not feel ready, they would be offered additional tuition).

Students with no knowledge of psychology may find it beneficial to read around the subject - an optional recommended reading list is included with Module One. Many people say that once they get into the course they find it so fascinating (the mind and hypnosis) that they want to read as much as they can about it.

Once you have learned how to hypnotize someone you will also understand how to hypnotize yourself. This means that you can ‘work on’ any areas of your own life (confidence building, for example) in order to become as effective as you would like to be.

**ASSESSMENT AND EXAMINATION**

**WHAT COURSE EXAMINATIONS ARE THERE?**
We ask students to complete an end-of-module test at the end of the first 7 modules so that we can ensure that you are understanding the course material and provide helpful feedback on your submitted answers. There is also a final written examination at the end of Module 8, which students must complete in order to receive a Diploma in Hypnotherapy. All tests are in a written format, but for the final exam, students are also asked to submit an audio recording of a hypnosis session. Tests can be completed at home and submitted to your course tutor via post or email.

**WHAT HAPPENS IF I FAIL THE EXAM?**
Your understanding of the course is assessed at each level through question papers that are included with each lesson. If you do not appear to have understood any particular aspect of the course you will be guided in the right direction with valuable feedback. In the unlikely event of failing, students are given the opportunity to re-take exams free of charge.
ARE THERE ANY EXAM RE-TAKE FEES?
No. Should you fail any end-of-module test papers or the final examination, you will be offered the opportunity to re-take the test at no additional charge.

QUALIFICATION AND MEMBERSHIPS

WHAT AWARD OR QUALIFICATION WILL I RECEIVE?
Upon successful completion of the Final Examination, students receive a Diploma in Hypnotherapy and can use the letters DHP Acc. Hyp. in recognition of their studies.

HAS THE COURSE BEEN ACCREDITED OR QUALITY CHECKED BY A PROFESSIONAL BODY?
The Professional Hypnotherapy Course has been quality checked by the National Hypnotherapy Society, the only organization whose hypnotherapist register has been accredited by the Professional Standards Authority (PSA). The course has been accredited by the Guild for Stress Management and Trauma Specialists and the Guild for Smoking Cessation Specialists and Therapists.

CAN I JOIN A PROFESSIONAL BODY UPON COMPLETING THE COURSE?
Once you have received your Diploma in Hypnotherapy, you can apply for associate membership of the National Hypnotherapy Society. You will also receive 2 years’ free membership to the Professional Hypnotherapy Practitioners Association (PHPA).

CAN I APPLY FOR NATIONAL HYPNOTHERAPY SOCIETY MEMBERSHIP UPON COMPLETION?
Students who successfully complete the Professional Hypnotherapy Course may apply for associate membership of the National Hypnotherapy Society.

CAN I OBTAIN INSURANCE TO PRACTISE AS A HYPNOTHERAPIST?
Hypnoric World students may apply for professional indemnity insurance to practise hypnotherapy upon completion of their training. You should expect to pay £70-
£100/year (your 2 years’ complimentary membership to the Professional Hypnotherapy Practitioner Association also qualifies you for a small discount with one of the suggested brokers).

WHAT SUPPORT WILL I RECEIVE UPON COMPLETING THE COURSE?
We believe in the importance of on-going support - upon completing the course, students can contact their personal tutor for help whilst setting up in practice as a hypnotherapist.

**CONTINUED COURSE QUESTIONS**

**MEMBERSHIP UPON COMPLETION?**
You should expect to pay £70-
£100/year (your 2 years’ complimentary membership to the Professional Hypnotherapy Practitioner Association also qualifies you for a small discount with one of the suggested brokers).

**WHAT SUPPORT WILL I RECEIVE UPON COMPLETING THE COURSE?**
We believe in the importance of on-going support - upon completing the course, students can contact their personal tutor for help whilst setting up in practice as a hypnotherapist.

**Hypnocratic World students may apply for professional indemnity insurance to practise hypnotherapy upon completion of their training.**

**Questions? Call us on 0800 678 5617**

**www.hypnoticworld.com/course**
PROFESSIONAL HYPNOTHERAPY COURSE

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